

## **2nd Kup 2nd Brown Belt Requirements**

### **Testing for 1st Kup 1st Brown Belt**

You will need to know the following information:

- Chon Ji
- Dan Gun
- Do San
- Won Hyo
- Yul Gok
- Chun Gun
- Toi Gye
- Hwa Rang
- Chung Mu
- Board Break - Student's choice - 2 boards with foot technique, 1 board with hand technique, 1 break of your judge's choice
- Free Sparring
- Student Oath
- Rules of the Dojang
- Meaning of Tae Kwon Do
- 10 Basic Movements
- Reverse Kick
- Wheel Kick
- Jump Reverse Kick
- Jump Front Snap Kick
- Axe Kick
- Hooking Kick
- Tornado Kick
- Jump Spinning Wheel Kick
- Hammer Fist
- Palm Strike
- One Step Sparring -- All white, yellow, orange and green.
- At least 7 One Steps that you have made up.
- You should remember all of the lower belt forms, one-steps, and meanings.

Meaning of the Brown Belt: Signifies danger, cautioning the student to exercise control and warning the opponent to stay away.